

HEALTH AND WELLNESS ACTIVE SUMMER OF FUN CALENDAR 2024/25

DATE	TIME	ACTIVITY	LOCATION
DECEMBER 2024			
Every Thursday	6:15 AM	Sunrise Spin	Brunswick Baths
Every Monday	7:30 PM	Sunset Yoga	Coburg Leisure Centre
Every Sunday	5:00 PM	Yoga by the Pool	Oak Park Sports and Aquatic Centre
JANUARY 2025			
Every Thursday	6:15 AM	Sunrise Spin	Brunswick Baths
Every Monday	7:30 PM	Sunset Yoga	Coburg Leisure Centre
Every Tuesday and Thursday	8:30 AM	Deepwater Running	Fawkner Leisure Centre
Every Sunday	5:00 PM	Yoga by the Pool	Oak Park Sports and Aquatic Centre
Every Wednesday	7:00 PM	Sunset Yoga	Fawkner Leisure Centre
FEBRUARY 2025			
Every Thursday	6:15 AM	Sunrise Spin	Brunswick Baths
Friday 21	6:00 AM	Running Group*	Brunswick Baths
Friday 28	6:00 AM	Running Group*	Brunswick Baths
Every Monday	7:30 PM	Sunset Yoga	Coburg Leisure Centre
Every Wednesday	7:30 PM	Sunset Yoga	Fawkner Leisure Centre
Every Sunday	5:00 PM	Yoga by the Pool	Oak Park Sports and Aquatic Centre
MARCH 2025			
Every Thursday	6:15 AM	Sunrise Spin	Brunswick Baths
Every Friday	6:00 AM	Running Group*	Brunswick Baths
Every Monday	7:30 PM	Sunset Yoga	Coburg Leisure Centre
Every Sunday	5:00 PM	Yoga by the Pool	Oak Park Sports and Aquatic Centre

Terms and Conditions

Summer of Fun Classes will incur the standard group fitness entry fee and are included in memberships.

Those marked with an asterisk (*) will cost \$5 and will be donated to YMCA Fundraising.

All Summer of Fun Health and Wellness activations are weather dependant.

For updates check back to the Active Merri-bek website: www.active.merri-bek.vic.gov.au